



St Wilfrid's NEWSLETTER

St Wilfrid's Super Science!

What lies in the deep dark wood?

The children in Reception are having a very exciting term exploring what lives in the woods nearby. We have taken advantage of having such a wonderful resource on our school grounds by spending time in our woods.



This week, despite the weather, we ventured further afield and went on a trek to Ecclesall Woods. We were not deterred by the threat of howling winds and torrential rain.



There's nothing we like more, in Reception, than squelchy mud and we certainly found plenty of this. But we also learned about what animals might live there, about camouflaging, different environments within the woods and got a chance to build a den.

All in all a great afternoon and a wonderful launch to the rest of our topic work.



Upcoming Sports Competitions

U11 Swimming gala at Mylnhurst Tuesday 30th January

Y5/6 Bouldering qualification round at Climbing Works Friday 2nd February

Y5/6 Table tennis at EIS Monday 5th February

South Yorkshire School Games final Y5/6 boys cross country at Cannon Hall Tuesday 6th February

Good luck to all of the teams!

SEND Coffee Morning

Our next SEND coffee morning will be on Wednesday 31st January 9.00am till 10.00am. We are very pleased to say that our guest speaker will be Juliette Cain who will be talking about "Achieving and believing as a child with complex SEND".

"The SEND coffee meetings are open to all parents and carers. As a parent I've found that they provide a friendly forum for the discussion of any issues, ideas and opportunities to improve our children's experience at school.

In the last meeting Jo Cain kindly presented her thoughts and experiences on what strategies have worked for her. These included strategies on valuing difference, confidence building, parental advocacy and on the critical transition to secondary school. One key quotation for me was 'It's often not about the child but it is the circumstances you are in that present the challenge'."



St Wilfrid's Liturgy Leaders

The InReality team from Hallam Diocese came into school last Friday to work with our Liturgy Leaders. The children had a brilliant day! They played a series of team building games together to explore the three golden rules: **Always use people's names, Keep people safe, Never leave people out**. The day was aimed at helping the young people from across the school to form as a Chaplaincy Team. They were given the opportunity to work together as a team, learn new skills, create new ideas and to grow in confidence.

To end the day the children created their very own liturgy/assembly for the rest of the school. They used all the skills and knowledge they acquired throughout the day to prepare the opening, closing, prayers, links and the Scripture for the final liturgy. We would like to thank the InReality team for a fantastic and very special day.





Prayer of the Week

Dear Lord

Our Father we thank you for our families

We thank you for our friends

We pray for the love of Jesus

Amen

James Y1



Revamping of the School Pond

We are pleased to say that work has started on the school pond.

Big thanks to all those who have already contributed to this project. Unfortunately, the decking that forms the dipping platform was found to be rotten and so we have had to replace it.

As this will add to the final cost we really need as many donations as possible to help us to cover this. Donations can be made by Parentpay.

Thank you for your continued support.



Golden Broom

Well done to R/Y1 Class for winning the Golden Broom this week.

Good luck everyone next week.



Good Work Assembly

Congratulations to the following children for being awarded Good Work Certificates in our assembly this morning:-

Lucia [Y5], Amanda [Y2/3], Louis [Y4], Pierre [Y5/6], Sofia [Y2], Elouise [R/Y1], Hannah [Y1], Sam [R], Eleanor [Y6 and Harry [Y3/4.

Well done!



Polite Notices

We would politely ask if parents/carers could be respectful to the KS2 classes in the morning after dropping children at school.

The children have morning prayer as soon as they are in the classroom and very often parents can be heard chatting in the playground which is off putting for the children.

For safeguarding reasons we would also like to remind parents to wait outside in the playground in the morning instead of in the school entrance foyer, as at this time of day it can be quite chaotic.

We appreciate your support and understanding.

School Parliament Fundraising Day

On Thursday 8th February School Parliament will be holding a Fundraising Day for their chosen charities, RSPCA and Bluebell Wood Hospice.

We would like to invite your children to dress up as an animal for the day in return for a small donation to support the charities.

We will also be doing little fundraisers in our classes.

We have chosen these charities as we greatly believe in them. We hope that we will raise lots of money to help them.

Thank you for your support



**Bluebell
Wood**
CHILDREN'S HOSPICE



Benny & Maddy, Y6 Reps

School Parliament



KIDS HOLIDAY CLUB ACTIVITIES

**Ceramic Arts • Decopatch
Crafting • Keepsakes
Parties**

2018

Tel: 01142 814 500/ 07988912825

**993 ABBEYDALE ROAD, MILLHOUSES
SHEFFIELD, S7 2QD**

**Supervised Actives Run Daily Each Week of School Holidays.
Lunch and or Afternoon Tea & Refreshments Included.**

AM / PM Session: 3 Hrs (£17.50) Full Day Session: 6.5 Hrs (£35)

LIMITED PLACES - BOOK EARLY TO AVOID DISAPPOINTMENT!

Day	AM (10.30 - 1.30pm)
Monday	Paint a Pot & Decopatch a Creature
Tuesday	Acrylics/Foam Clay/Silkscreens/Mosaics
Wednesday	Paint a Pot & Decopatch a Creature
Thursday	Acrylics/Foam Clay/Silkscreens/Mosaics
Friday	Paint a Pot & Decopatch a Creature
Saturday	Acrylics/Foam Clay/Silkscreens/Mosaics
Sunday	Closed (Open for Parties/Private Bookings)

Day	PM (2.00pm-5pm)
Monday	Acrylics/Foam Clay/Silkscreens/Mosaics
Tuesday	Paint a Pot & Decopatch a Creature
Wednesday	Acrylics/Foam Clay/Silkscreens/Mosaics
Thursday	Paint a Pot & Decopatch a Creature
Friday	Acrylics/Foam Clay/Silkscreens/Mosaics
Saturday	Paint a Pot & Decopatch a Creature
Sunday	Closed (Open for Parties/Private Bookings)



Raising money for
RSPCA and bluebell
wood children's hospice.

Whole school yard raising
day for the school parliament
champions on Thursday 8th
February.



Bluebell
Wood
CHILDREN'S HOSPICE



Rainbows offers a 12-14 week, age appropriate and structured programme; facilitated by trained members of staff.

It explores the following:-

- ❑ One of a kind – self esteem
- ❑ Inside out – feelings
- ❑ Why my family?
- ❑ Making the pieces fit – coping skills
- ❑ Anger and hurt – coping skills
- ❑ Facing fears and worries – coping skills
- ❑ Families are all different
- ❑ Belonging to my family
- ❑ Different kinds of family
- ❑ Endings and beginnings – change
- ❑ Weathering the storm – adapting, adjusting
- ❑ Living with change
- ❑ Celebrate me session – a celebration and conclusion of the programme; going forward.

Planning and resources for each session are provided



WHAT DO CHILDREN AND YOUNG PEOPLE THINK ABOUT RAINBOWS?

"It helped me be less upset and it made me happier."

(Tina, Year 5)

"Rainbows helped me to get on with my dad and how to make things go right with him."

(Charlotte, Year 5)

"It helped me to manage my feelings more and gave me an understanding of why I'm feeling this way."

(Bradley, Year 8)

"It is a time where I can say everything to someone who I trust."

(Hollie, Year 9)

CONFIDENTIALITY

- ❑ Confidentiality is at the heart of Rainbows
- ❑ Confidentiality will be kept at all times unless a child or young person is at risk
- ❑ Rainbows groups strictly adhere to the school's Safeguarding policies and procedures

For more information about Rainbows in school, please contact your school in the usual way.

For more information about Rainbows, please contact:-

Rainbows Bereavement Support Great Britain
Sue McDermott, National Director,
Email: sue.rainbowsgb@btconnect.com
Tel: 01302 359017 • Mobile: 07 725 340623
Unit 7, High Town, York Street, Luton LU2 0HA
Tel: 01582 724106 • www.rainbowsgb.org



INFORMATION FOR PARENTS AND CARERS

SUPPORTING CHILDREN
AND YOUNG PEOPLE
THROUGH LOSS AND GRIEF

"The programme made a huge difference to our family life. We found that our son was more able to cope with his grief and loss".

(Independent Research 2011)

Rainbows Bereavement Support Great Britain
Charity no. 1058476



WHAT IS RAINBOWS?

Rainbows fosters emotional healing among children, young people and adults who are grieving a loss through a death, divorce, separation or any other painful transition in their lives.

Rainbows provides a safe setting in school in which children and young people can talk through their feelings with their peers who are experiencing similar situations. They are helped to articulate their feelings by a trained facilitator.

Rainbows provides age related materials which form a structured 12-14 week programme to assist children and young people through their grief and loss.

Rainbows acknowledges that grief needs to be recognised and supported; not denied, buried or ignored.

Rainbows supports self-esteem, trust, confidence and resilience. It promotes emotional development and positive, healthy relationships.

QUESTIONS ASKED BY PARENTS AND CARERS WITH ANSWERS FROM PARENTS AND CARERS!

WHAT WILL IT COST?
"Nothing"

OUR SON IS REALLY
STRUGGLING IN SCHOOL
AND AT HOME.
CAN RAINBOWS HELP?

"The programme made a huge difference to our family life. We found that our son was more able to cope with his grief and loss"

WILL IT HELP MY CHILD
TALK ABOUT HIS FEELINGS?

"I just would like to say a big thank you to you all with helping my child talk about what's on his mind"



DOES IT HELP FOR CHILDREN
TO SHARE THEIR EXPERIENCE
WITH OTHERS?

Yes. "Going to Rainbows meant they realised there were other children in a similar situation and they weren't the only ones".

SINCE THE SPLIT UP OUR
SON IS REALLY DOWN AND
HAS NO CONFIDENCE.
I'M NOT SURE ABOUT
RAINBOWS THOUGH.

"Rainbows has made my child grow in confidence, he has come out of his shell rather than getting angry he now sits and talks his feelings through. The support he received was second to none. We could not have survived without Rainbows. Long may it continue."

(Answers are taken from research undertaken in 2011).

Building Confident Parents



A course for those parents who love their children and want to enjoy them more

8 x 2 hour weekly sessions for just £10 including the cost of the handbook

Starting 7 pm Monday 26 February 2018 in St Wilfrid's Primary School

Sessions look at:

Behaviour you don't like

Encouragement

Listening for feelings

Talking with your child

Discipline

Quality time

The purpose of parents coming together is to help them find their own ways of enjoying their children more, while also being more effective as parents. Thousands of people have tried this course and found it helpful! It's an enjoyable, relaxing experience created by parents, for parents.

INTERESTED? CONTACT

LINDA MCLOUGHLIN

T: 0114 2365529

l.mcloughlin@stwilfridssheffield.co.uk



Please reserve me a place on the Building Confident Parents Course starting 26 February 2018

Name _____

Telephone _____

Email _____

Age(s) of children _____

ST WILFRID'S PTA PRESENTS



**Friday, February 9th
7.30pm, School Hall**

**Come and join our quizmaster extraordinaire
for the PTA quiz 2018!**

Bring a bottle.

Bring a friend.

**Curry included in price of ticket
(meat or veggie options available).**

**BYO - Beer and wine also
available on the night to buy.**

**Bring a team or join a table. Max 8 per team.
Adults only.**

Battle it out to be St Wilfrid's School Quiz Winners 2018!

Tickets can be purchased online via this link:

<https://www.picatic.com/StWilfridsPTAQuiz2018/>

**Tickets: £10
includes Curry!**

