



St Wilfrid's NEWSLETTER

Next week is Children's Mental Health Week 2025. This initiative was launched in 2015 with the aim of empowering and equipping children across the UK to share their voice. The theme this year is Know Yourself, Grow Yourself.

For us at St Wilfrid's, being aware of their own emotions, knowing how to respond to different emotions, and having strategies to keep themselves calm, happy and in the 'green zone' is a really key aim for our children.

Through knowing ourselves and developing positive relationships with others, we can all build resilience, grow and develop.

Each class will be doing some work on the theme of knowing ourselves and recognizing emotions next week, using Disney's Inside Out characters as a prompt for this. **As part of the week, on Friday 7th Feb, we are encouraging all the children to wear their own clothes to school to express themselves.**

In school, you will be aware that we use the Zones of Regulation to talk to children about their emotions, and to help them to identify how they are feeling and what they can do, or what help they might need, to get them back in the green zone if things go wrong.

Using this language to narrate your own feelings and modelling how you look after yourself when you are feeling down or cross (in the blue or red zones) can really help children to develop their own awareness and skills for regulation.



Please note that parents evening meetings will be held in school on Monday 3rd and Wednesday 5th March. Further information about booking these meetings will be sent out from school.



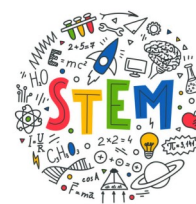
Cross Country - Saturday 1st February at Norfolk Park. All children Y3 upwards welcome, look for the yellow flag. Please walk the course before 9.30am and the first race will start with the Y3/4 girls at 10am.

Please note: Norfolk park has many entrances and parking is in the surrounding areas. The race starts next to the cafe and playground.

Science week – inspire the next generation

We are celebrating British Science Week in school from the 10th to the 14th of March 2025. Parents and grandparents can help!

We'd like to show children the range of STEM (science, technology, engineering and maths) jobs that people in our community do. If you would like to come and tell the children (either in your child's class or other classes in school) a little bit about your job during science week, that would be fantastic! The children always love these sessions.



Please contact Mrs Smith via enquiries@stwilfridssheffield.co.uk to discuss.



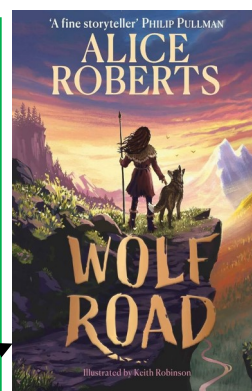
Y6 Reading Champions book recommendations

This book is about a boy called Peter and a fox called Pax. They both had an amazing time together, but one day Peter's father had to go to war and he had to leave his beloved pet fox in the wild forest. Will he ever be with his pet fox again?

Yi Wen Y6

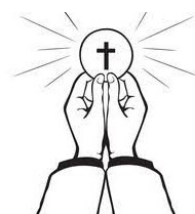
Tuli and her family travel everywhere, hunting for food and protecting themselves from harsh climates. Tuli knows that there is more to the world than hunting, and sleeping all day. When she finds a strange boy hiding nearby.

Roisin Y6



We would like the children to have the opportunity to become more involved in our parish weekend masses. We will do this by preparing the prayers, readings, music and the offertory. We will practise with the children in school and ask that parents can bring them to mass on the day.

The first School / parish mass will be at St William's on Ecclesall Road at 9:30am on Sunday 9th February. If your child would like to take part and is able to attend mass on this day, please ask them to let their class teacher or Mrs Evans and Mrs Wilde know.



We welcome all families to join us at this mass.

The Y5/6 athletics team competed in the regional finals at EIS on Wednesday. They came 6th. Well done to the team. They did so well to reach this stage of the competition, and to represent Sheffield!



Year Planner 2024/25

February			
Week 20	Mon	3 rd	
	Tues	4 th	
	Wed	5 th	
	Thurs	6 th	
	Fri	7 th	
Week 21	Y3 Overnight Residential at Thornbridge 13 th – 14 th February		
	Mon	10 th	
	Tues	11 th	Safer Internet Day
	Wed	12 th	Whole School Individual Pupil Photographs
	Thurs	13 th	
	Fri	14 th	
Half Term 17 th - 21 st February			
Week 22	Mon	24 th	Pupils Return to School
	Tues	25 th	
	Wed	26 th	
	Thurs	27 th	
	Fri	28 th	Y3 Class Assembly 9.15am – Y3 Parents Invited
March			

Book Bus at St Wilfrid's 11th February

On Tuesday 11th February St Wilfrid's are excited to let you know that the Book Bus will be at school all day in the KS1 playground. It will also stay open for parents after school.

The children can buy books with prepaid vouchers [see attached information] or parents can buy books after school using card or cash.

The school will receive 15% commission on all books sold.

Thank you for your continued support.

There's something for everyone
on The Book Bus

Come aboard THE BOOK BUS!

The Book Bus is Coming to Your School

The Book Bus is packed with a diverse collection of books that cater to every interest and age group. From thrilling tales of adventure to educational treasures, The Book Bus is your gateway to a world of knowledge and excitement.

We invite all children, parents and carers aboard The Book Bus, to browse our hand-picked range of quality books at fantastic value, always up to 70% off RRP.

Every book sold means free books for your school's classroom or library!

How to Pay – this bit's for the grown ups

Pay by Cash or Card

We will be available at school collection time to take cash or card payments on the bus.

Buy a Voucher

You can buy a voucher which can be redeemed by your child on the bus. Scan the QR code below or visit www.thebookbus.co.uk/schoolvoucher

Click and Collect

Pre-purchase books directly from our website for your child to collect on the bus. Visit www.thebookbus.co.uk/leaflet to place an order.

Not able to make it to the fair?

Visit our website and purchase books to be delivered to directly to your house.





family
action



NeurodiverCity Sheffield Drop-in

- Do you have a child or young person who is living with ADHD or Autism?
- Is your child waiting for a diagnosis of neurodivergence?
- Do you need advice or support around behaviours in your child or young person which might be indicative of neurodivergence?

Delivered by Family Action and supported by Sheffield Parent Hub, Sheffield Family Hubs and Sheffield City Council.

Our informal drop in coffee sessions are a chance to have a chat with other parents/carers who are experiencing similar concerns. You will also have the chance to meet staff from **NeurodiverCity Sheffield**, Sheffield Family HUBS, Ryegate, and other agencies who support families with neurodivergence.

Come along for help, support, advice and information... you will be in good hands.



neurodiverCity.sheffield@family-action.org.uk



0114 2412733 or 07816 408019



NeurodiverCity Sheffield

Adlington Community Centre, Adlington Road,
Sheffield, S5 8BT

At Adlington Community Centre:

**Friday 7th March,
11.00am – 2.30pm**

Limited car parking on site,
on-street parking is also
available.

**No diagnosis or
booking required!**

family-action.org.uk